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Blueprint For Progress: Al-Anon's Fourth Step Inventory ...

Using this book as a guide is helpful for working one-on-one with a sponsee as well. It really helps to get the conversational ball rolling. As stated in the Blueprint for Progress: Al-Anon's Fourth Step Inventory, The Fourth Step

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can be an essential tool for personal growth. Many of us have been so obsessed

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me to create a far better life than the one I'd been living,." (How Al Anon Works, p. 172) ... The questions come from a book entitled The Blueprint for Progress in Al Anon. Glad you liked the ...

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About Al-Anon's beginnings, and how
Lois W. and Anne B. founded Al-Anon
Family Groups. Six pages.

Hope & Understanding for Parents ... - Al-Anon Family Groups

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The book I quoted from above, Paths to Recovery, How Al-Anon Works, the Blueprint for Progress, and When I Got busy I got Better, are all invaluable tools to help work this step. It is not necessary to read all those books as we cannot cover everything in a first fourth step.

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This companion piece to Paths to Recovery (B-24) contains the thought-provoking questions on each Step, Tradition, and Concept of Service found in the book, with space to write answers. Spiral bound and 8 ½ x 11. Three-hole punched. 112 pages.

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Blueprint for Progress: Al-Anon's Fourth Step Inventory [Al-Anon Family Group Headquarters] on Amazon.com. *FREE* shipping on qualifying offers. Self-Help, Philosophy, Alcohol and Drug Studies, Sociology. Social Studies

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It is not intended to be shared with anyone, it is for "your eyes only," according to the directions. In addition to the online guide, Al-Anon Family

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