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What Neuroscience is Teaching Us About
Connecting With Our Kids. There was
one case at that time that Dan found
particularly galling. He'd begun
providing treatment for a young mother,
Rebecca, and her 4-year-old son, Eric.
The family doctor had described her as

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being a tense, discouraged mother, overwhelmed by the day-to-day responsibilities...

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Caregiving For Healthy Attachment. With this awareness, we learn how to approach kids with renewed playfulness, acceptance, curiosity, and empathy, re-regulate our caregiving systems, foster deeper social engagement, and facilitate our children's development.

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Attachment Based Parenting The Neuroscience

“Brain-Based Parenting is one in a W. W. Norton series on interpersonal neurobiology, launched by Daniel J. Siegel, M.D. Neuroscience and cognitive psychology are among the most exciting new fields about the brain and behavior

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in a long time. This book does sound justice to these subjects and to the evolving way that science can (and must) inform and assist everyday human endeavors, including, in this case, parenting.”

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must) inform and assist everyday human endeavors, including, in this case, parenting.

Book Review: Brain-Based Parenting: The Neuroscience of ...

This is a clearly written book on how to stay open, responsive, and flexible in parenting and how to avoid or repair

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Caregiving For Healthy Attachment Daniel Hughes parenting mistakes when they occur, informed by remarkable scientific progress in the field of "interpersonal neurobiology" - how our relationships are shaped by our brain's wiring, and how our brain functioning is altered by relationships.

Brain-Based Parenting: The

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evolving way that science can (and must) inform and assist everyday human endeavors, including, in this case, parenting.”

Brain-Based Parenting: The Neuroscience of Caregiving for ...

Infused with clinical insight, illuminating case examples, and helpful illustrations,

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Brain-Based Parenting brings the science of caregiving to light for the first time. Far from just managing our children's behavior, we can develop our "parenting brains," and with a better understanding of the neurobiological roots of our feelings and our own attachment histories, we can transform a fraught parent-child relationship into an open,

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Brain-Based Parenting: The Neuroscience of Caregiving for ...

In their book, Brain-based Parenting: The Neuroscience of Caregiving for Healthy Attachment, Daniel Hughes and Jonathan Baylin describe five domains of effective parenting based in neuro and

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Brain-based Parenting: How Neuroscience Can Foster ...

Description. Brain-Based Parenting - The Neuroscience of Caregiving for Healthy Attachment. Authors: Daniel A. Hughes and Jonathan Baylin. Learning to be a "good parent" is contingent upon

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learning how to manage this stress, understand its brain-based cues, and respond in a way that will set the brain back on track.

Brain-Based Parenting: The Neuroscience of Caregiving for ...

Brain-Based Parenting is a long way from what we read decades ago when

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Dr. Spock (the pediatrician, not the Star Trek star) was explaining and guiding parents in how to care for their children. The distance is, however, principally in terms of understanding how the brain works -- the neurobiology underlying attachment, attunement, and good and not-so-good parenting.

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